



UConn
HEALTH

CT AHEC FYI

Connecticut Area Health Education Center Network

Connecting students to careers, professionals
to communities and communities to better health.



Central AHEC volunteers serve healthy meals at St. Vincent de Paul Middletown

Supporting Primary Care Workforce Development in Connecticut By:

- ▶ Promoting Strong Community/Academic Partnerships
- ▶ Creating Pipeline Programs for Pre-Health Professions Students
- ▶ Supporting Health Careers Awareness Programming
- ▶ Providing Community-Based Training for Health Professions Students
- ▶ Supporting Community-Based Health Education and Screenings

CHSC Engages College Students in Health Careers Exploration

The CT AHEC Network's Collegiate Health Service Corps (CHSC) program exposes undergraduate students to health careers through service learning opportunities that promote culturally appropriate disease prevention and health practices amongst medically underserved communities. By partnering with a dozen colleges and universities in the four CT AHEC Network regions, CHSC also helps connect medically

► Promoting Strategies to Address Health Disparities

CT AHEC Network Regional Centers:

Central AHEC, Inc.
(Hartford area)

www.centraltahec.org

Eastern AHEC, Inc. (Willimantic-New London area)

www.easterntahec.org

Health360, Inc. (Waterbury area)

www.health360.org

Southwestern AHEC, Inc.
(Stamford-Bridgeport-New Haven area)

www.swctahec.org

underserved populations to mainstream healthcare institutions and organizations.

CHSC, created by Eastern CT AHEC in 2005, was replicated statewide in 2008 and nationally in 2010. During 2017, new CHSC groups were formed by Central CT AHEC at the University of Saint Joseph in West Hartford and Central Connecticut State University in New Britain. In Connecticut alone, about 150 CHSC members work for approximately 12,000 hours annually promoting good health practices and engaging in disease prevention service-learning activities. CHSC's five-module curriculum covers various healthcare topics including professionalism and ethics, cultural competence and prevention, education, and primary care disciplines and disparities. CHSC participants also become certified in CPR and first aid.

For Ryan Conway, a student at Eastern Connecticut State University and 2017 CHSC participant, CHSC "has allowed me the opportunity to work towards reducing health disparities and improving health literacy in my community, an experience I have found to be invaluable and extremely rewarding." At the end of the 2016 program, 93% of CHSC participants expressed an interest in careers in health professions, and 64% of CHSC service recipients reported better self-care because of guidance from CHSC participants.

The statewide Connecticut Area Health Education Center (CT AHEC) Network, based at UConn Health, is implemented through four regional centers which enable the CT AHEC Network to provide high-quality, efficient, effective and flexible services that meet local needs. Thank you for your continued support of the CT AHEC Network.

Call us at 860-679-7969 or **visit:**
www.publichealth.uconn.edu/ct-ahec.html

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