



CT AHEC FYI

Connecticut Area Health Education Center Network

Connecting students to careers, professionals to communities and communities to better health.



Supporting Primary Care Workforce Development in Connecticut By:

- ▶ Promoting Strong Community/Academic Partnerships
- ▶ Creating Pipeline Programs for Pre-Health Professions Students
- ▶ Supporting Health Careers Awareness Programming
- ▶ Providing Community-Based Training for Health Professions Students
- ▶ Supporting Community-Based Health Education and Screenings
- ▶ Promoting Strategies to

CT AHEC Partnerships Support Health Education

The Connecticut Area Health Education Center (CT AHEC) Network addresses local needs through collaborative partnerships with more than 290 agencies and groups throughout the state and country. Partners include federal, state, nonprofit and faith-based agencies and foundations.

Two exemplary CT AHEC partnerships focusing on health education and awareness are those with Smalley Academy elementary school and

CT AHEC Network Regional Centers:

Central AHEC, Inc.
(Hartford area)

www.centralctahec.org

Eastern AHEC, Inc. (Willimantic-
New London area)

www.easternctahec.org

Northwestern AHEC, Inc.
(Waterbury area)

www.nwctahec.org

Southwestern AHEC, Inc.
(Stamford-Bridgeport-New
Haven area)

www.swctahec.org

Pathways/Senderos teen pregnancy prevention program. Both programs work with youth from New Britain. Health education is provided by interprofessional teams of UConn and Quinnipiac University health professions students enrolled in the Urban Service Track (UST), run by CT AHEC.

More than 400 Smalley Academy students participate annually in Brushing Bunnies (oral health), Nutrition Detectives™ (nutrition education) and Tar Wars® (tobacco use prevention) programs. The first annual Asthma Camp was held November 6, 2015, and engaged more than 80 Smalley Academy students in activities designed to raise knowledge of asthma control.

The UST also explores health and career topics through afternoon programming with Pathways/Senderos. Heather Mills, co-executive director, Pathways/Senderos Center, states: “Our relationship with UST has allowed us to expose our youth to a variety of health topics, including nutrition and dental hygiene, while also exposing them to health careers. A number of our youth are interested in becoming health professionals and they enjoy listening to and talking with the UST team members about their experiences in college.”

The statewide Connecticut Area Health Education Center (CT AHEC) Network, based at UConn Health, is implemented through four regional centers which enable the CT AHEC Network to provide high-quality, efficient, effective and flexible services that meet local needs. Thank you for your continued support of the CT AHEC Network.

**Call us at 860-679-7969 or visit:
www.publichealth.uconn.edu/ct-ahec.html**

