



CT AHEC FYI

Connecticut Area Health Education Center Network

Connecting students to careers, professionals to communities and communities to better health.



Supporting Primary Care Workforce Development in Connecticut By:

- ▶ Promoting Strong Community/Academic Partnerships
- ▶ Creating Pipeline Programs for Pre-Health Professions Students
- ▶ Supporting Health Careers Awareness Programming
- ▶ Providing Community-Based Training for Health Professions Students
- ▶ Supporting Community-Based Health Education and Screenings
- ▶ Promoting Strategies to

CT AHEC Network Leads in Solving the Nation's Pressing Youth Mental Health Challenges

The Youth Mental Health First Aid Corps, developed by Northwestern Area Health Education Center (AHEC) in Waterbury, is an innovative program that engages community-based organizations, including other AHECs, to support widespread implementation of Youth Mental Health First Aid® programs in communities across the nation.

CT AHEC Network Regional Centers:

Central AHEC, Inc.
(Hartford area)

www.centralctahec.org

Eastern AHEC, Inc. (Willimantic-
New London area)

www.easternctahec.org

Northwestern AHEC, Inc.
(Waterbury area)

www.nwctahec.org

Southwestern AHEC, Inc.
(Stamford-Bridgeport-New
Haven area)

www.swctahec.org

The Youth Mental Health First Aid Corps is supported by the Corporation for National and Community Service's AmeriCorps, the National Council for Behavioral Health, and the National AHEC Organization. The program works to place full-time AmeriCorps members at host sites across the nation. During their one-year service term, AmeriCorps members are trained as Youth Mental Health First Aid instructors and provide certification classes for adults who work with youth and young adults.

Since its inception in September 2013, the Youth Mental Health First Aid Corps has supported 45 AmeriCorps members at 24 host sites nationwide. During 2014 and 2015, AmeriCorps members in the program certified over 4,000 community members in Youth Mental Health First Aid. Over that period, certified Youth Mental Health First Aiders supported 5,500 youth identified as struggling with a mental health challenge or illness, including directing the youths to professional mental health services.

The statewide Connecticut Area Health Education Center (CT AHEC) Network, based at UConn Health, is implemented through four regional centers which enable the CT AHEC Network to provide high-quality, efficient, effective and flexible services that meet local needs. Thank you for your continued support of the CT AHEC Network.

Call us at 860-679-7969 or visit:
www.publichealth.uconn.edu/ct-ahec.html

